



## OSHA Recordable Injury Focus

This Safety Moment will focus on OSHA recordable injuries and injury trends. In brief, it is everyone's responsibility to be mindful of the following practices to **reduce** risky behaviors that result in injuries:

- Always keep your eyes and mind on task
- Do not rush, however if you are rushing trigger yourself to remember the specific task you are doing, including walking
- Practice these principles:
  - **I**dentify hazards associated with any task
    - People are rarely injured by hazards they identified
  - **C**ontrol the identified hazards
  - **E**xpect the unexpected by being prepared if something goes wrong
- Wear the appropriate eye protection
  - Sometimes safety glasses alone are not sufficient and additional eye protection is warranted, i.e., goggles, face shield, etc.
- Fight complacency by working on bad habits and rectify them through using good habits such as:
  - Maintaining the appropriate following distance and space cushion while driving
  - Always using the right PPE for the job. If you are not sure ask.
  - Always using the right tool in the correct way for the job

***Remember: "No task is so important that it be done at the risk of safety."***

