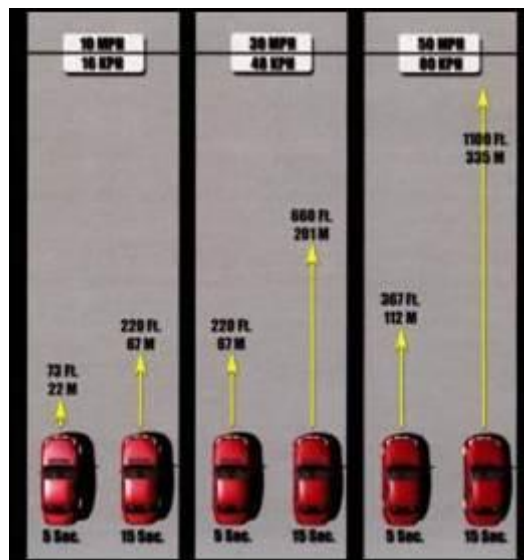




### Aim High in Steering

Over time, humans have become accustomed to certain behaviors such as driving vehicles using less than desirable habits. One of the most common mistakes drivers make is the failure to look ahead far enough to allow the brain to process the information. The average driver only looks three to six seconds ahead of the vehicle, while we should be looking at least 15 seconds ahead. By looking at least 15 seconds ahead, we are able to identify potential road hazards, traffic, traffic lights, brake lights of vehicles ahead and other bits of information that will allow us to adjust our driving to changing conditions in a safe manner. At 30 mph, a driver should be looking at least a block and a half ahead, while at 50 mph, a driver should be looking a quarter mile ahead. At fast speeds, the distance continues to increase.

Looking ahead 15 seconds is a habit that takes practice. Aim high in your steering to allow yourself to gather enough information and time to make good driving decisions.



***Remember: "No task is so important that it be done at the risk of Safety."***